



A. MENARINI FARMACEUTICA INTERNAZIONALE SRL

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## REFERENCES

1. Savoia A, et al. Dermatol Ther (Heidelb).2014;4:103-14
2. INTERNATIONAL FELLOWSHIP IN ADVANCED AESTHETIC SCIENCE. Complications of Thread Lift and How to Manage: Thread Protrusion, Infection, Dimpling and Bruising. Available at: <https://www.ifaas.co/single-post/Complications-of-Thread-Lift-and-How-to-Manage-Thread-Protrusion-Infection-Dimpling-and-Bruising>. [Accessed September 2020].
3. Kim J, H. et al. Suspension of the sub-dermal tissue through the utilisation of re-absorbable barbed threads for correcting dermatochalasy due to the ageing of soft tissues in the face and neck (internal report).
4. Kalra R. Use of barbed threads in facial rejuvenation. Indian J Plast Surg 2008 Oct 41 (Suppl): S93-S100

### CE Indications

#### Filler SKUs

CE0123 - CROMA-PHARMA GmbH, Industriezeile 6, 2100 Leobendorf, Austria

#### Threads

CE 0373 Assut Europe SpA, Via G.Gregoraci,12 00173 Roma, Italia

#### Hydrobooster

CE0459 CROMA GmbH, Industriezeile 6, 2100 Leobendorf, Austria

#### Peel Program

CE Mastelli S.r.l. , Via Bussana Vecchia 32, 18038 Sanremo (IM)

### Adverse events should be reported.

Reporting forms and information can be found at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or App Store. Adverse events should also be reported to A. Menarini Farmaceutica Internazionale SRL. Phone no. 01628 531171 or email: [DrugSafety@pharmalex.com](mailto:DrugSafety@pharmalex.com)

[relifecompany.co.uk](http://relifecompany.co.uk)



WELCOME TO THE  
DEFINISSE™ RANGE

Definisse™  
Threads

The beauty of the moment  
Resurface, Restore, **Reshape.**



Model for illustrative purposes only.

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## WHAT ARE DEFINISSE™ THREADS?

At RELIFE, we're embarking upon a new era of facial contouring. Definisse™ Threads are designed to provide both immediate and sustained lifting for effective, lasting results.<sup>1</sup>

Our portfolio of premium aesthetic medicine solutions contains three different types of threads:

### Definisse™ free floating threads:

- For soft tissue repositioning to be used on the cheeks



### Definisse™ double needle threads:

- For cheek, jawline, oval and lateral reshaping to be used on the eyebrow or lower jaw



### Definisse™ ancorage threads:

- For antigravitational reshaping of the midface



## WHAT TO EXPECT

### The procedure

- Before the procedure, the surgeon will disinfect the skin area to be treated with an antiseptic solution<sup>2</sup>
- On the same area, they will mark the insertion and exit points using a dermatographic pen and trace the path that the thread will follow within the skin to ensure the thread's in the right place and the desired result is achieved<sup>3</sup>
- Usually, this process is performed under local anaesthesia that should be injected at the insertion area (insertion and exit points), however, this might not be necessary in some areas of the face<sup>4</sup>
- The thread can be inserted either with or without needles (e.g. with a cannula)

### Recovery and after care<sup>4</sup>

- Use an ice pack to prevent swelling and bruising
- Your face may be taped to restrict movement, especially the areas where the procedure has taken place - this is usually recommended for a week
- Sleep on your back facing upwards for week after the procedure as this may undo the effects of the procedure
- Avoid excessive mouth opening and massage of the face of any kind for three weeks
- It is recommended you elevate your head while sleeping on the first day to reduce the risk of swelling
- You should avoid any non-strenuous activities on the day after the procedure, and normal activities can be resumed within 7 days after the procedure. However, you should avoid high impact sports for 14 days after the procedure
- Refrain from applying make-up for as long as possible (minimum 24 hours)
- Wash, shave and dry face gently without rubbing or massaging (minimum 5 days)

### Recovery and after care continued<sup>4</sup>

- Avoid over-exposure to direct sunlight and do not use tanning beds or saunas for 2 weeks after the procedure
- Avoid dental surgery for 3 weeks after the procedure
- Make sure you keep hydrated
- You will be given instructions on proper after care to reduce the risk of complications e.g. how to manage your pain or if an infection or allergy occurs
- Immediately after the implant it is normal to have irregularities and skin depressions which will disappear within a few days
- Reactions such as erythema (redness), oedema (swelling) and needle-induced trauma with consequent blood haematomas (bruising) may occur but usually resolve within few hours to a few days with or without additional medical therapy
- Allergic reactions, infections, persistent granulomatous formulations (small area of inflammation) may occur. However, these can be resolved with a topical or systemic therapy as advised by your doctor
- Contact your doctor if you experience any excessive pain or discomfort